



Auro Mirra International School

BUBBLES

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WORKSHOP FOR TEACHERS



"Every new beginning comes from some other beginning's end. As the quote says, the beginning of a new academic year meant offline classes with bubbling children around the trees eagerly waiting to come back to school. As always, the month of May is time to reflect and plan for the year ahead. The academic year 2022-23 commenced formally with workshops and an orientation conducted for teachers from 16th May to 26th May 2022. "Inspire your students to be learners by being one", this motto was adopted by the diyas during the workshops. The diyas participated in workshops namely 'The Integral Project', 'Powers within', 'Creative and critical thinking', 'Math Mania', 'Art Integration', 'Story telling' etc.

The mind is a beautiful entity. We are born a blank slate on which the world writes its story. 'Powers within' is a tool that helps build various faculties like concentration, cooperation, balance etc. Diyas were given training on different games which could be used to develop different faculties and the different levels that can be adopted on all days as a half an hour session. AMIS has been keen on approaching teaching and learning differently. A workshop was conducted by Harvinder didi on 17th May 2022 to stress on critical and creative thinking as an important tool in teaching and diyas were asked to motivate students to be inquisitive. An enriching Math workshop, 'Math Mania' was conducted by Ms. Krithika, a renowned teacher trainer in Math on 17th May '22. The math faculty were exposed to activity based learning (ABL). She stressed that this approach would help students overcome the "math phobia". ABL helps in memory retention, improves analytical thinking, develops social skills and has a real life connect. An Art and Craft workshop was conducted by Selvi didi on 19th May 2022. She demonstrated simple crafts which would make the soft board vibrant and colourful.

"Storytelling is the most powerful way to put ideas into the world today." How to acquire the art of mesmerizing the children like the Pied Piper is the perpetual question put forth by every teaching professional. A story not only captivates you but also opens new venues of introspection. Diyas were exposed to this skill through a simple workshop where the teachers got to be like children and enacted as the story was read aloud.

The influence of teachers extend beyond the classroom, well into the future.

WORKSHOP FOR PARENTS

A parental workshop was held for three days from 27th May '22 – 29th May '22 to familiarise parents with the schedule of their wards schooling. Parents became students and participated in all the activities. They started off with the morning assembly and continued with various activities with short breaks in between. Harvinder didi made them introspect on "Where do values come from?". The significance of "Reading and Self-learning" was presented through a skit. Parents were also briefed about the food culture followed in AMIS. Harvinder didi questioned the parents on "Why do we start with silence?"

Parents had varied responses like "for calmness, concentration etc". Didi explained that the challenge with children was to increase their span of concentration. Silence is one such tool for awareness. Parents also got a feel of 'Powers within' during the session. Parents played games like 'chain cut' which emphasized the value of team work. A modified game of 'tic tac toe' and 'blindfold follower' was also played which aimed at developing speed, quick decision making and sharpened listening skills. Parents lamented on the fact that these skills were not encouraged during their days of schooling.



Behind every young child who believes in himself, is a parent who believed first.

The "freedom and boundaries" session brought about many questions from parents like 'why are kids given lots of freedom?', absence of uniform, disciplining kids etc. Harvinder didi explained that freedom is an abstract concept and gave examples. The school inculcates a sense of responsibility and sensitivity in the kids. She also stated that competition should be within oneself and not with others. We should not crave for external gratification but inner peace. As such, all the queries of the parents were addressed amicably. Parents were also briefed about the parent volunteer program and were invited to join the same.



THE SILENCE RETREAT

The day started off with a silence session. Harvinder didi was the moderator for the session. All of us were instructed to maintain silence throughout the day. Instructions were given and followed as each of them had to keep their eyes closed during most part of the session. Unknown partners were assigned and were asked to guide the partner with closed eyes for around ten minutes through the open courtyard. This helped in understanding that physical communication is as effective as verbal communication.



The next session was related to sounds wherein the participants were instructed to close the eyes and listen to various sounds. We had to relate the sound to any object which came to our mind instantly, following which colours were given and we had to relate them to sounds. All the sessions started and ended with silence. The last session was an open question answer session. This workshop on silence was indeed unique and beneficial, which could work as a great bonding mechanism with students



SILENCE RETREAT

WORLD ENVIRONMENT DAY



Let's nurture
the nature so that
we can have a better
future.

June 5th is celebrated as World Environment Day all over the world. We aim to spread awareness in order to protect our nature and its surroundings. A special assembly was conducted on 6th June '22 by the students and staff. This occasion was graced by a prayer followed by an inspiring speech. The choir presented a song based on the theme. A street play was performed by the students conveying a powerful message on conserving our nature and its resources.

INTERNATIONAL YOGA DAY



"Yoga is essentially a practice for your soul working through the medium of your body". It is also a spiritual discipline based on an extremely subtle science which focuses on bringing harmony between mind and body. Yoga day was celebrated on 21st June 2022 at AMIS with great zeal and zest. Students across grades III - X engaged in the session enthusiastically. They were ably led and guided into the session by our yoga bhaiya and four volunteers, who demonstrated each asana. The session in a way helped start the day with lot of peace and energy.



The only way to
spread peace is to
have it within





GRAND PARENTS' AND PARENTS' DAY CELEBRATION



This year the Grandparents' and parents' day was celebrated on 22nd July '22. This was a very special day for everyone involved. We at the school were eager to meet and collaborate with the parents after two years of pandemic. The response from all our grandparents and parents to the invite was especially heartwarming. They outdid themselves by putting up great performances which our children enjoyed thoroughly! There was dance, song, poetry, rhymes and storytelling to enthrall the little ones. The parent volunteers planned and executed the whole program seamlessly.



SANSKRIT WEEK

(8TH AUGUST '22 – 13TH AUGUST '22)

Grandparents are the
footsteps to the future
generations

संस्कृत-सप्ताहाघोषः--2022 1969-तमे वर्षे भारतसर्वकारेण प्रथमतया श्रावणपूर्णिमा संस्कृतदिवसत्वेन आचरतिम् उद्घोषणं कृतम्। ततः आरभ्य 2000-तमवर्षपर्यन्तं संस्कृतदिवसासीत्। 2000-तमावस्थात् आरभ्य दिवसत्रयं पूर्वोत्तरं कृत्वा संस्कृतसप्ताहस्य आचरणं कुरुमः। केवलं भारते न अपिच सम्पूर्णं विश्वे विश्वसंस्कृतदिनम् आचरामः। संस्कृतं सर्वासां भाषाणां जननी भवति। यां कामपि भाषां पश्यामश्चेत् संस्कृतस्य प्रभावं पश्यामः। एवमेव भारतीयभाषासु सर्वासु अपि अशीतपिस्तितं संस्कृतपदानि भवन्ति। इदानीन्तकाले विश्वे संस्कृतभाषायाः अध्ययनार्थं जनबाहुल्यं दृश्यते। अस्माकं विद्यालये अपि संस्कृतसप्ताहं विपुलेन समाचरितवन्तः प्रथमं दिनं 8-8-2022- दिनाङ्के तृतीय-चतुर्थी-कक्षायाः छात्राणां गीतमासीत्। अन्ते वयं वन्दे मातरं गीतवन्तः

9-8-2022- दिनाङ्के चतुर्थी-कक्षायाः छात्राः गीतं गीतवन्तः। पञ्चमी कक्षायाः छात्राः नौकागीतं गीतवन्तः। 10-8-2022- दिनाङ्के षष्ठी-कक्षा-छात्राणां कार्यक्रमः आसीत्। वैद्य-रोगी-सम्भाषणप्रदर्शनं, एकं भाषणं च आसीत्। भाषणं तु स्वातन्त्र्यविषये आसीत्। 11-8-2022- दिनाङ्के 'शक्तसिम्भूतम्' इति गीतस्य प्रस्तुतिरसीत्। तदनु रामायणप्रश्नोत्तरी अपि आसीत्। 12-8-2022- दिनाङ्के संस्कृतगीतं प्रभाषणं नृत्यं च आसीत्। 13-8-2022- दिनाङ्के महाभारतस्य प्रश्नोत्तरी संयोजिता आसीत्। एवमेव नृत्योपयोगवस्तुनां प्रदर्शनी अपि आसीत्। कार्यक्रमस्य सञ्चालनं उष्णमहोदयः अबीरा महोदया राजेशश्च कृतवन्तः।



EID CELEBRATION



Festivals are perceived as an important part of education as they can help in creating a sense of national or cultural community among the students. Celebration of festivals bring students closer to traditional beliefs. The festival of Eid-al-Adha was celebrated in school on the 8th of July 2022 as a part of special assembly, with great joy and happiness. The celebrations began with a short description about the importance and significance of the festival. The students of grade VIII, narrated and enacted the story titled "A Day of Giving and Sharing" beautifully on the stage.

The story emphasised the importance of humanity and universal brotherhood. The students of grade III danced to the tunes of the song "Mubarak Eid Mubarak" which filled the school environment with love and happiness. This was followed by a melodious song "Lab pe aati hai dua" by the students of grade VII. The spirit of Eid was well imbibed by the students.

INDEPENDENCE DAY



AMIS celebrated 76 years of India's independence on 15th August 2022 in a grand manner. It was a festive occasion for students and teachers too. Students presented a few cultural programmes like songs and dances. Few students spoke about the significance of Independence movement and the sacrifices made by our nationalist leaders. To commemorate Sri Aurobindo's Birth anniversary, students gave a talk on the principles and the significance of Sri Aurobindo's work. A Quiz about India was conducted on the occasion and students eagerly participated in it with zeal. The questions were stimulating the grey cells and the audience was fully involved. Sweets were distributed to everybody at the end of the programme



"May the Sun in his
due course visit no land
more free, more happy,
more lovely, than this
our country!" —
Sardar Bhagat Singh